YOU ALWAYS HAVE THE CHOICE!

Tom Tobbins (in his book Still Life with Woodpecker); “Choice; the word upon which all adventure, all exhilaration, all meaning, all honor depends. In the beginning was the word, and the word was choice.”

The 13 Secrets of Power Performance by my colleague Roger Dawson. Secret number three—Power Performers know they always have choices. “Each of us is where we are because of the conscious decisions we’ve made. It’s impossible to be doing anything other than what you choose to do.” “This thought—that we always have the choice—is one of the most important concepts you must grasp to enjoy life fully, and in doing so release the power within you.” “…the word choice is the most important word in the English language.”

Now it’s my turn to try and persuade you—with the help of some wise friends.

Brian Tracy (from his CD set The Universal Laws of Success and Achievement—The Law of Choice): “Every human action is a choice and the choice is always based on the dominant values of the individual at that moment. You are a choosing organism. You are continually making choices based on what you consider more important and what you consider less important. Every act that you engage implies a choice.”

Here’s Richard Bach’s viewpoint on this; “You choose, you live the consequences. Every yes, no, maybe, creates the school you call your personal experience.”

As human beings, we have the capability of consciousness, of self-reflection, and of determining our own behavior. We are not robots, though we often act as though we were, allowing knee-jerk reactions to determine our actions without consideration of the consequences.

When we step back for a moment and engage our conscious thinking and strategic skills, we realize that with a little practice in opening our minds, we have many choices in the way we react. Such a thoughtful, strategic reaction is more likely to be respectful of ourselves and others and produce more positive results.

You might not be ready yet to accept it as a fact of life, but Tom, Roger, Brian, Richard and I (and thousands of philosophers and luminaries) all agree on this one: YOU ALWAYS HAVE THE CHOICE!